

Newcomer's Guide

Programs and Services for Older Adults



We're glad you've chosen to live in Chesterfield. In this guide, you'll find all kinds of information to help you get started. If you have any questions or comments or need additional information on any topic, please don't hesitate to call or visit us on the web.

Chesterfield County Senior Advocate's Office
7000 Lucy Corr Boulevard
P. O. Box 520
Chesterfield, VA 23832
804-768-7878
Email: Leidheiserd@chesterfield.gov
www.Chesterfield.gov

Table of Contents

<u>Page</u>	<u>Program Name</u>
3	Chesterfield County Senior Advocate and Disability Services
4	Chesterfield County Phone Numbers
5	911 Cell Phones
5	Adult Day Care Centers
6	Case Management Services
7	Fan Care and Fuel Assistance
8	Home Delivered Meals
8	Income Tax Assistance and Tax Relief for the Elderly & Disabled
9	Information & Assistance
9	Long-Term Care Ombudsman Program
10	Medical Care
11	Other County Programs
12	Parks & Recreation
15	School Board Programs
15	Senior Activity Centers
17	Senior Connections-The Capital Area Agency on Aging
19	Social Services
20	Transportation Services
21	Traveler Program
22	Virginia Insurance Counseling & Assistance Program
23	Volunteer Services
25	Frequently Requested Resources

Chesterfield County Senior Advocate and Disability Services

The Chesterfield County Senior Advocate's Office is the central point of contact for seniors (55+) and their families. The Senior Advocate's Office offers information and referrals, and promotes and coordinates services for:

- Older adults who want to remain active, independent and vital contributors to their communities.
- Older adults who may need assistance to remain as independent as possible.
- Caregivers to older adults, including those who may themselves be older and need assistance.

The Disability Services Board is tasked with learning the needs of area residents who have physical and/or sensory disabilities, raise public awareness and to influence long-range planning and investment. Although the Disability Services Board cannot provide direct services, it serves as a catalyst for the development of new initiatives, expansion or improvement of current services and the development of public or private funding sources. The Board provides a link to services that may provide the opportunity to achieve goals and gain greater inclusion into the day-to-day activities of life.

The office sponsors the following programs.

- The office facilitates "**Grandparent Connection**", a support group for grandparents raising grandchildren.
- Sponsors the **Telephone Reassurance Program**, a telephone reassurance and socialization program for volunteers to call older adults or adults with disabilities who live alone.
- Hosts the **Senior Ambassador Program**, a program where older adults learn about the resources in the county and then share their knowledge with friends and neighbors. Most of the

participants volunteer in the community after completing the program.

Chesterfield County Phone Numbers

<u>Program</u>	<u>Phone Number</u>
Adult Protective Services	804-748-1100 1-888-832-3858
Board of Elections - Registrar's Office	804-748-1471
Death Records, Health Department	804-748-1691
Department of Social Services	804-748-1100
Disability Services	804-768-7878
Domestic Violence	804-751-4113
Emergency/Police /Fire & Rescue -Telecommunication Device for the Deaf (TDD)	911 804-748-1251
Fire & Emergency Medical Services Non-Emergency	804-748-1360
Food Stamps	804-748-1100
General Information	804-748-1000
Health Department	804-748-1691
Mental Health Support Services	804-748-1227
Police Non-Emergency	804-748-1251
Property Taxes - Commissioner of the Revenue	804-748-1281
Public Library Outreach Services	804-748-1768
Real Estate Income Tax Relief - Commissioner of Revenue	804-748-1281
Senior Advocate Services	804-768-7878
Sheriff's Department	804-748-1261
Smoke Detectors (Fire/EMS)	804-748-1360
Victim/Witness Assistance Program	804-796-7087

911 Cell Phones for Older Adults

Do You Wish You Had a Cell Phone—Just In Case?

In an effort to support safety and security for Chesterfield County's older adult residents, Chesterfield Triad participates in the cell phone program with other county departments. This program accepts donated cell phones from the community and refurbishes them. Cell phones are then provided to qualifying older adults who need a phone for 911 calling purposes. Calls can be made, free-of-charge, **only to 911 services, for emergency purposes only.** Cell phone chargers are provided and the cell phone can be kept for as long as the need exists. For more information call 804-768-7878.

Adult Day Care Centers

The Adult Day Care Centers serve older adults who need a supportive social setting during the day in order to maintain their skills, independence, and abilities. Adult Day Care Centers are located in Chesterfield and the greater Richmond area. Each offers a variety of therapeutic, recreational, and social activities; fees are based on a sliding scale. Centers operate Monday through Friday.

Programs and Services include:

- Professionally designed activities for participants with memory impairments and/or various physical needs
- Physical exercise and recreation
- Assistance with personal care needs
- Health monitoring
- Music therapy
- Nutritious hot lunch and snacks

Area Locations

A Grace Place Adult Care Center -----804-261-0205
8030 Staples Mill Road, Richmond, VA 23228
www.AGracePlaceACC.org

Circle Center Adult Day Services-----804-355-5717
4900 West Marshall Street, Richmond, VA 23230
www.circlecenterads.org

Ginter Hall Assisted Living South -----804-794-7770
11300 Mall Court Drive, Richmond, VA 23235
www.ginterhall.com

Helping Hand Adult Health Care Center of Petersburg -----
-----804-861-1353
130 McKeaver Street, Petersburg, VA 23803

Lucy Corr Village Adult Day Care -----804-748-1511
P.O. Box 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.lucycorrvillage.com

Mary Carter Beacon House -----804-861-1890
142 East Wythe Street, Petersburg, VA 23804-0469

Riverside PACE-----804-549-5500
701 Gordon Avenue, Richmond, VA 23224

Sunrise Assisted Living-----804-560-7707
2105 Cranbeck Road, Richmond, VA 23235

Swift Creek Day Care-----804-744-7412
2806 Fox Chase Lane, Midlothian, VA 23112

Case Management Services

These departments assist seniors and their families with locating, applying for, and receiving needed community resources.

Chesterfield-Colonial Heights Department of Social Services
9501 Lucy Corr Circle
P.O. Box 430
Chesterfield, VA 23832-----804-748-1100

Senior Connections, The Capital Area Agency on Aging
24 East Cary Street
Richmond, VA 23219-----804-343-3000

Fan Care and Fuel Assistance

Fan Care Program

- Summer heat and humidity can be physically stressful and dangerous to frail, older adults. To help reduce the risk from exposure to extreme heat conditions, Senior Connections operates the Fan Care Program. The Fan Care Program is an electric fan and air conditioner distribution program sponsored by Dominion Virginia Power in partnership with the Virginia Department for the Aging. The program typically runs from June 1 to September 30. Senior Connections, the Capital Area Agency on Aging (AAA), purchases fans and air conditioners (if funding permits) and makes them available, free of charge, to income-eligible older adults who are at risk of heat exhaustion due to their existing home situation. If interested in determining your eligibility, call 804-343-3000 to speak with the Fan Care Coordinator.
- The Chesterfield-Colonial Heights Department of Social Services administers a cooling program which typically runs from June 15th through August 15th. The program is income based and requires an application, which is taken at the local Department of Social Services. For further information, call 804-748-1100.

Fuel Assistance

There are several heating programs available through the local Department of Social Services. Some may pay a portion of the heating bill, some may be able to help with heating equipment repair or replacement, and/or the purchase of heating fuel. The program typically runs from the 2nd Tuesday in October to the 2nd Friday in November. Call Social Services at 804-748-1100 for more information.

Home Delivered Meals

Home Delivered Meals provide meals for home bound seniors who live alone and have significant health conditions or physical or mental impairments that prevent them from preparing their own meals. The program helps seniors meet the recommended dietary allowances for proper nutrition and provides daily interaction with volunteers who deliver the meals. Call Senior Connections at 804-343-3000 or Social Services at 804-748-1100.

Income Tax Assistance

Volunteer Income Tax Assistance Program (VITA)

The Volunteer Income Tax Assistance program (VITA) is a free tax preparation assistance service for Chesterfield County residents with limited incomes. The Internal Revenue Service trains volunteers to provide assistance with preparing certain federal and state income tax forms. This program operates at Senior Connections. Appointments are made on a space-available basis. For more information, call 804-343-3000.

Tax Relief for the Elderly and Disabled Program

(see page 11)

The following programs also offer tax assistance:

- Chesterfield-Colonial Heights Department of Social Services. For more information, call 804-748-1100
- AARP. For more information, call 866-542-8164

The following documents are required and should be taken to your appointment:

- A photo ID
- A copy of the previous year's federal and state tax returns

- All W-2 forms and statements (Social Security, Welfare, Retirement, Unemployment)
- Medical, tax, interest statements, and other deduction information
- Social Security cards for all person claimed on the return

Related Links

Commissioner of the Revenue,
http://www.chesterfield.gov/content2.aspx?id=9769&ekmense1=c580fa7b_246_0_9769_3

Virginia Department of Taxation, www.tax.virginia.gov

Internal Revenue Service, www.irs.gov

Information and Assistance

Chesterfield – Colonial Heights Department of Social Services -----
 -----804-748-1100

Chesterfield Senior Advocate -----804-768-7878

Senior Connections, The Capital Area Agency on Aging -----
 -----804-343-3000

SeniorNavigator.org -----website

United Way Information and Referral Center -----804-771-5853
www.yourunitedway.org

Virginia Easy Access -----website
www.easyaccess.virginia.gov

Long-Term Care Ombudsman Program

Senior Connections Long-Term Care Ombudsman Program's purpose is to investigate and resolve complaints involving nursing homes, assisted living facilities and home care providers. Volunteer

Advocates help enhance the quality of life for seniors residing in long-term care facilities.

The Ombudsman program is comprised of professionals and trained volunteers who provide the following services for those searching for a long term care facility, as well as those residing in long term care facilities:

Information about facilities and services available

- Ombudsman Program record of complaints
- Virginia Department of Health license inspection report
- Questions to ask and features to look for during the search
- What to expect in the admissions process
- Telephone counseling with long term care facility residents about how to best handle a concern
- Mediation to resolve a dispute
- Formal complaint investigation aimed at achieving a resolution
- Regular visits and/or assistance from a volunteer ombudsman

For more information, go to www.seniorconnections-va.org or call 804-343-3000.

Medical Care

Medical clinics that provide medical and dental services for low-income individuals who do not have health insurance are listed below. Each clinic has qualifying criteria.

Crossover Health Center-----804-233-5016
108 Cowardin Avenue, Richmond, VA 23224

Love of Jesus Health Clinic-----804-674-7499
10930 Hull Street Road, Midlothian, VA 23112

Other County Programs

Chesterfield Council on Aging: The Chesterfield Council on Aging seeks to enhance the quality of life for older adults and adults with disabilities through education, advocacy and community service. The mission of the Council is to support the development of community based resources and to avoid the inappropriate institutionalization of impaired elderly and disabled adults. The Council has received both State and National recognition. The Council meets on the 4th Thursday of the month at 9:00 a.m.

Chesterfield Libraries: Chesterfield libraries offer programs such as Tax Credit, Health and Wellness Information and Art lectures. "Get in the Know" programs are designed for adults aged 55 and older to learn, explore, recreate and educate. The program meets at two locations and is made possible by the cooperative efforts of the Public Library and Parks and Recreation Department.

Project Lifesaver: The Chesterfield County Police Department helps provide rapid response to reduce the potential of serious injury to adults and children who wander due to Alzheimer's, Autism, Down syndrome, dementia and other related disorders.

Real Estate Tax Relief for the Elderly and Disabled: The Chesterfield Commissioner of the Revenue's office sponsors the Real Estate Tax Relief for the Elderly and Disabled. To apply, the owner(s) of the home must be 65 years or older as of December 31 of the preceding year or be totally and permanently disabled. The total gross income of all occupants of the home must not exceed \$52,000 from all sources, taxable or non-taxable. Other information can be found on the website at www.chesterfield.gov

Seniors-in-Touch: The Chesterfield County Sheriff's office monitors the health and well-being of local home bound older adults through weekly visits and phone calls. Participation in the program is for older adults who don't have a family member within 60 miles of their home.

Smoke Detector Hotline: The Chesterfield Fire/EMS will check smoke detectors and change batteries. Some smoke detectors for

the hearing impaired are also available. The department also provides safety inspections, a citizen CPR class and the EMS Passport program.

Third Party Notification Program: The Utilities Department will notify a relative if an elderly customer falls behind in their utility bills.

Transportation Services: Access Chesterfield provides transportation services for any county resident who is disabled, age 60 or older, or who meets federal guidelines. The fee for a one-way trip is \$6.

TRIAD/S.A.L.T. Council of Senior and Law Enforcement Together: Chesterfield TRIAD is a partnership among the Chesterfield Sheriff's Office, Chesterfield Police Department, Chesterfield Fire and EMS, Chesterfield Senior Advocate's office, Senior Organizations and Agencies, and seniors from the community committed to enhancing the quality of life and reducing crime against senior citizens. Meetings are held the third Thursday of each month at 9 a.m. For more information about Chesterfield TRIAD or to find out how you can help with TRIAD'S mission, contact the Sheriff's Office at 804-717-6266 or Senior Advocate at 804-768-7878.

Parks and Recreation

The mission of Chesterfield County Parks and Recreation is to provide a comprehensive system of leisure programs, educational opportunities and recreational facilities for all its citizens while conserving and protecting environmental, historical and cultural resources. Parks and Recreation promotes community involvement in developing and providing leisure services. The department will ensure customer service excellence, affordability, equal opportunity, a safe environment and access for all citizens.

For more information, please call Parks and Recreation at 804-748-1623 or visit the website at www.chesterfield.gov

Discover Chesterfield – A Walking Club

This walking club is designed to introduce participants to Chesterfield County parks, while meeting new walking partners. An organized walk will take place at a different county park, led by Chesterfield County Parks and Recreation Department staff on the first Tuesday of the month.

Parks and Recreation Facilities:

Appomattox Canoe Launch
21400 Chesdin Road

Bensley Park and Bensley Community Building
2900 Drewrys Bluff Road
Phone: 804-275-5321

Chester Linear Park
11801 Womack Road

Clarendon Park
2428 Brookforest Road

Dutch Gap Conservation Area and Dutch Gap Boat Ramp
441 Coxendale Road
Phone: 804-318-8735

The Mayes-Colbert Ettrick Community Building, Ettrick Park
20400 Laurel Road
Phone: 804-526-5596

Ettrick Riverside Park
21514 Chesterfield Avenue

Fernbrook Park
9270 Chatham Grove Lane

Fort Stevens Historical Park
8920 Pams Avenue

Goyne Park
5300 Ecoff Road

Harrowgate Park
4000 Cougar Trail
Phone: 804-717-6157

Harry G. Daniel Park at Iron Bridge
6600 White Pine Road
Phone: 804-271-7554

Huguenot Park
10901 Robious Road
Phone: 804-323-1700

Lake Chesdin Park
12900 Lake Chesdin Parkway

Matoaca Park
19900 Halloway Avenue
Phone: 804-530-2549

R. Garland Dodd Park at Point of Rocks
201 Enon Church Road
Phone: 804-530-2459

Robious Landing Park
3800 James River Road
Phone: 804-323-1700

Rockwood Park
Ruff House Dog Park at Rockwood Park
3401 Courthouse Road
Phone: 804-276-6661

Phone: 804-276-6661
Phone: 804-748-1992

Rockwood Nature Center
3401 Courthouse Road
Phone: 804-674-1629

Parks and Recreation Designated Landmarks

Chesterfield County Museum
Clerk's Office of 1889 - Courthouse of 1917
10011 Ironbridge Road
Phone: 804-796-7121

Eppington – Circa 1765-1775
14201 Epps Fall Road
Phone: 804-748-1624

Henricus Historical Park
1611 Citie of Henricus
Phone: 804-748-1613 or 804-318-8732

Magnolia Grange
10020 Ironbridge Road
Phone: 804-796-7121

School Board Programs

Adult Continuing Education: Enrichment classes, English as a Second Language, topics on US citizenship, GED classes and workforce training classes are available. Phone 804-768-6140.

Senior Citizen's Prom: In partnership with the Senior Advocate and Parks and Recreation Departments, this annual prom held in April is for county residents age 55 and older.

Senior Passport: For residents age 60+, the Passport is a free pass into school season athletic events and plays, concerts, etc. The Passport also provides a discount for adult continuing education classes. Phone 804-748-1433.

Senior Activity Centers

These centers provide activities for individuals who want to get out and be active, but prefer a "club" setting. Services vary with each program, as do the times the programs are offered. Services may

include meals, social activities, and information or referral services. Some groups sponsor trips, card games, and dances.

Locations

Bensley Community Building Senior Adult Program
2900 Drewrys Bluff Road
Richmond, VA 23237
Phone: 804-275-5321

Bon Air Presbyterian Church Friendship Café
9201 West Huguenot Road
Richmond, VA 23235
Phone: 804-343-3029

Ettrick Community Building Senior Adult Program
20400 Laurel Road
Ettrick, VA 23803
Phone: 804-526-5596

Ettrick Friendship Café
20400 Laurel Road
Ettrick, VA 23803
Phone: 804-343-3029

Lifelong Learning Institute
13801 Westfield Road, P.O. Box 1090
Midlothian, VA 23113
Phone: 804-378-2527

New Covenant Presbyterian Church Friendship Café
6415 Irongate Drive
Richmond, VA 23234
Phone: 804-271-9416

The Shepherd's Center of Chesterfield
Office: 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
Classes: Chester Baptist Church, 4317 School Street, Chester, VA
Phone: 804-706-6689

Rockwood Village Friendship Café
3901 Price Club Boulevard
Midlothian, VA 23112
Phone: 804-343-3029

Older Adult Programs at Church of Our Savior, Chesterfield Senior Center
4000 Stigall Drive
Midlothian, VA 23112
Phone: 804-339-2877

Older Adult Programs at Bon Air Baptist Church
2531 Buford Road
Richmond, VA 23235
Phone: 804-751-4135

Older Adult Programs at Huguenot Baptist Church
10525 W. Huguenot Road
Richmond, VA
Phone: 804-339-2877

Senior Connections, The Capital Area Agency on Aging

Programs and Services Offered

Adult Day Care: Scholarships provided for care and supervision of older persons with disabilities who cannot manage daytime activities alone. Services may vary by location and may include assistance with personal care, limited health care, therapeutic activities, meals, and social activities.

Aging and Disability Resource Center: Provides information and referral, and assistance in finding services for people with disabilities.

Caregiver Support Services: Provides caregivers with information about available resources and assists with gaining access to supportive services, individual counseling and respite care.

Emergency Services and Financial Assistance: Financial assistance to seniors experiencing crisis situations with paying for living expenses, such as utility bills or prescriptions, and has no where else to turn.

Foster Grandparent Program: Seniors age 60 and older volunteer as tutors and mentors for children with special needs. Foster Grandparents serve a minimum of 20 hours per week in youth-oriented organizations.

Friendship Cafes: Congregate meal sites offering nutritious meals and opportunities for socialization, recreation, exercise, health education and screenings for older adults. There are four cafes in Chesterfield

Guardianship Program: Advocates for and protects vulnerable at-risk persons who have been legally found unable to manage the basic requirements of physical health and safety and do not have family or friends willing to or suitable to assist them.

Medication Assistance/Pharmacy Connection: Emergency funds provided to eligible seniors who have no other means to pay for medications. Offers access to drug assistance programs for free or discounted medications from pharmaceutical companies.

Money Management Counseling: Provides one-on-one check writing and bill paying services and assist seniors with managing personal finances including protection from exploitation. Volunteer Bill Payers provides support to the program which increases outreach to more seniors in need.

Public Information and Education: Provides informative group presentations and educational materials on topics of interest to seniors and those who care about their well-being. Volunteers help educate and promote public awareness of Agency programs and services by attending, on the Agency's behalf, health fairs and other community events. Produces and distributes Mature Life, the Agency's quarterly newsletter.

Resource Center: Equipped with 20 computer stations and Webcast access, the Resource Center provides additional options to support education, training and coordination of resources for the community as well as staff.

Retired and Senior Volunteer Program (RSVP): Provides volunteer opportunities for seniors age 55 and older to use their skills and experiences to fulfill community needs.

Senior Employment Services: Employment options for seniors age 55 and older interested in updating current skills and/or re-entering the work force.

Senior Medicare Patrol: Volunteers provide public presentations to raise awareness of potential Medicare fraud, abuse, reporting errors and how to report these.

Short-Term Home Care: Personal care, homemaker/companion care and caregiver respite services to seniors on the basis of need. This one-time assistance can be used during a period of recovery or while arrangements are being made for ongoing care.

Transportation Coordination Services: Transportation provided to participants of the Friendship Cafes. Transportation for medical appointments may be available for individuals who meet eligibility requirements. Some vehicles are equipped to transport persons with disabilities. Coordinated transportation initiatives are in progress to help meet the need of additional seniors and their caregivers.

For information on any of these programs, call 804-343-3000.

Social Services

Chesterfield-Colonial Heights Department of Social Services

9501 Lucy Corr Circle (at the Smith-Wagner Building)

P.O. Box 430

Chesterfield, VA 23832

804-748-1100

<http://www.chesterfield.gov/humanservices/socialservices>

Adult Protective Services: Protective services are provided to elderly and disabled adults who are at risk and may be unable to protect themselves from abuse, neglect, and/or exploitation. Protective services may include individual and family counseling, referral for legal representation, health care, guardianship, or referrals to other living situations.

Companion Services: Services include personal and housekeeping tasks for individuals who are unable to perform such tasks. Eligibility is based on income and physical criteria.

Food Stamps (SNAP): Financial assistance is available to eligible individuals/households to assist with nutritional needs.

Integrated Intake: Provides information, referral services, and emergency needs assistance.

Screening Services: Provides assistance in screening Medicaid eligible individuals for assisted living facilities/Auxiliary Grant, Nursing Home placements, Personal Care, Adult Day Care, and Respite Care Services through the Elderly and Disabled waiver program.

Transportation Services

These programs provide transportation to individuals who cannot use public transportation or need special assistance. Fees may be charged. Check with the provider and your insurance carrier for details. Some programs utilize volunteer organizations that gladly accept contributions.

Access Chesterfield-----804-279-8489

7321 Whitepine Road, Richmond, VA 23237

www.chesterfield.gov

Must be registered prior to request. 24 Hour notice required.

American Cancer Society-----888-227-6333

www.cancer.org

For cancer patients to and from treatment and medical appointments.

American Red Cross Transportation-----804-780-2298

420 East Cary Street, Richmond, VA 23219

www.redcross.org OR www.greaterrichmond.redcross.org

Requires two-week notice.

The Shepherd's Center of Chesterfield-----804-706-6689

11300 Ironbridge Road, Suite C, Chester, VA 23831

www.shepctrchesterfield.org

Not wheelchair accessible. Four days notice required.

The Shepherd's Center of Richmond-----804-355-7282

4900 Augusta Avenue, Suite 102, Richmond, VA 23230

www.richmondshpecntr.org

Not wheelchair accessible. One week notice required

Seniors Helping Seniors-----804-612-7745

2519 Professional Road, Richmond, VA 23235

Van Go, Inc. of Richmond-----voice-----TDD: 804-261-7388

5800 School Avenue, Richmond, VA 23228

Wheelchair equipped. 24 Hour notice required

VIP & Associates-----804-421-2500

P.O. Box 26191, Richmond, VA 23260

Wheelchair equipped. One to two day notice required

We Care Transportation-----804-861-9165

25225 Harwell Drive, Petersburg, VA 23803

Traveler Program

Chesterfield Parks and Recreation offers the Senior Trips Program, designed for independent adults age 55 and older. Day and overnight trips are available. All transportation is provided by chartered buses, unless otherwise noted. Registration is required for all trips and may be done at the Parks and Recreation office.

Early registration is suggested since trips are popular and fill up quickly. Most trips have pick-up and drop-off points at Target,

Jefferson Davis Highway and Chippenham Hospital. For more information, please call 804-751-4135.

Virginia Insurance Counseling and Assistance Program

The Virginia Insurance Counseling and Assistance Program (VICAP) is a free, non-biased and confidential health insurance counseling service. VICAP serves Medicare beneficiaries and/or caregivers of people with Medicare. VICAP is part of a national network of programs known as State Health Insurance Assistance Programs or SHIP. The Ship programs work closely with the Centers for Medicare and Medicaid Services (CMS) to provide information on coverage options to people with Medicare.

Trained volunteer counselors provide information on Medicare and related insurance benefits through one on one counseling sessions and also by group education. Counselors do not make decisions for clients, but help people to review options and to make informed and personalized choices on health insurance coverage.

Counselors can:

- Provide you with basic Medicare information.
- Assist you in understanding Medicare claims.
- Help you explore your long-term care insurance needs.
- Help you compare and understand Medicare supplemental policies, Medicare managed care plans and Medicare Part D drug plans.
- Educate you regarding Medicare/Medicaid fraud and abuse.

VICAP staff and volunteers are not associated with any insurance company and are not licensed to sell insurance. To receive additional information or to schedule an appointment with the VICAP counselor, please contact Senior Connections, The Capital Area Agency on Aging at 804-343-3014 and leave a detailed message.

Volunteer Services

Chesterfield County offers a wide range of volunteer opportunities. Opportunities range from driving to answering phones. Contact local hospitals, hospices, assisted living facilities, area schools, and support groups for more volunteer options.

AARP-----888-687-2277
www.aarp.org

American Red Cross-----804-780-2250
420 East Cary Street, Richmond, VA 23261
<http://greaterrichmond.redcross.org>

Chesterfield County Parks & Recreation Department-----
-----804-748-1623
6801 Mimms Loop, P.O. Box 40, Chesterfield, VA 23832

Chesterfield County Senior Advocate-----804-768-7878
7000 Lucy Corr Blvd., P.O. Box 520, Chesterfield, VA 23832

Chesterfield-Colonial Heights Dept. of Social Services-----
-----804-748-1100
9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield County Volunteer Coordinator-----804-751-4142
Human Resource Management, P. O. Box 40, Chesterfield, VA 23832

Crater District Area Agency on Aging-----804-732-7020
23 Seyler Drive, Petersburg, VA 23805

CJW Medical Center
Chippenham Campus, Volunteer Services----804-323-8882
7101 Jahnke Road, Richmond, VA 23225
www.cjwmedical.com

Johnston-Willis Campus, Director of Volunteers-----
-----804-330-2081
1401 Johnston Willis Drive, Richmond, VA 23235

Lifelong Learning Institute-----804-378-2527
13801 Westfield Road, P.O. Box 1090, Midlothian, VA 23113
www.llichesterfield.org

Lucy Corr Village-----804-748-1511
6800 Lucy Corr Blvd., P. O. Drawer 170, Chesterfield, VA 23832
www.lucycorrvillage.com

Meals on Wheels of Greater Richmond-----804-673-5035
1600 Willow Lawn Drive, Richmond, VA 23230
www.mowdelivers.com

Pocahontas State Park-----804-796-4255
10301 State Park Road, Chesterfield, VA 23832

Retired Senior Volunteer Program (RSVP) -----804-343-3000
24 East Cary Street, Richmond, VA 23219
www.seniorconnections-va.org

Retired Senior Volunteer Program (RSVP) Petersburg-----
-----804-861-1767
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Senior Connections, The Capital Area Agency on Aging-----
-----804-343-3000
24 East Cary Street, Richmond, VA 23219-----800-989-2286
www.seniorconnections-va.org

St. Francis Medical Center-----804-594-7807
13710 St. Francis Boulevard, Midlothian, VA 23114

The Shepherd's Center of Chesterfield-----804-706-6689
11300 Ironbridge Road, Suite C, Chester, VA 23831
www.shepctrchesterfield.org

Virginia Voice-----804-266-1471

Frequently Requested Resources

Resource	Phone Number
Call Center for Benefit Programs <i>(Housing, Medicaid, Food Stamps, Adult and Adult Protective Services, etc.)</i>	(804) 318-8777
Chesterfield County Crisis Intervention	(804) 748-6356
Chesterfield County Department of Social Services	(804) 748-1100
Chesterfield County Mental Health/MH/MR & Community Services Board	(804) 748-1227
Chesterfield County Parks and Recreation	(804) 748-1623
Chesterfield County Sheriff's Department	(804) 748-1261
Police, Non-Emergency	(804) 748-1251
Senior Connections, The Capital Area Agency on Aging	(804) 343-3000